

SOUTH SOUND EXOTIC BIRD SOCIETY

NEWSLETTER

Volume XXIII, Issue 11

November 2008

P.O. Box 15014, Tumwater, WA 98511-5014

<http://ssebs.org>

NOVEMBER 14 MEETING

Deanna Shafar, DVM, regrets that she will be unable to attend our meeting on the 14th, but will be rescheduling for a later date. We do need to have a business meeting (no groans, please – it will be fun!). We had a board meeting several weeks ago and are recommending some changes: scheduling meetings and newsletters for every second month (beginning in February) instead of every month, a change in meeting location, and an election of 2009 officers (and it is NOT too late to volunteer your interest in an elected position). We will be assembling baskets of goodies for the holiday party and showing a DVD by Barbara Heidenreich: "Parrot Behavior and Training."

There will be toys for sale.

DECEMBER 7 HOLIDAY PARTY

1:30 to 3:30 PM at Dirty Dave's in Lacey.

Directions will be in next newsletter.

In addition to pizza, there are all sorts of things on the menu and a salad bar.

Bring an inexpensive, but interesting, gift for the pirate gift exchange.

We have the room only until 3:30, so let's not stroll in too late.

Board Update

In a meeting several weeks ago, we discussed the meeting format for 2009. We are concerned that so many of our members are so busy (and weary at weeks' end) that attendance at our monthly meetings has been spotty. We've agreed that we should try to schedule meetings only every other month beginning in February 2009. The only possible days of the week are Friday night or Sunday afternoon. However, the Olympia Center would charge us \$1,200 for a Sunday (not a misprint), and although Animal Services can accommodate us on Friday nights, they are closed on Sundays. Although we would have preferred to try a Sunday afternoon meeting time, that does not appear to be an option at this point because we can find no suitable place to meet.

The nominating committee has come up with the following people who have agreed to serve as officers for 2009 (Did I mention that it isn't too late, folks?):

President - vacant

Vice President - vacant

Secretary - Carol Frink

Treasurer - Pat Hill

Members-at-Large - Barbara Ann Smith will continue. (We need to find two more people.)

Webmaster - Bill Hill has agreed to maintain the web site.

Newsletter Editor - Pegg Bauer

According to the Bylaws, any office not filled in the next election will continue to be occupied by the incumbent until a successor is found. (Sigh.....Being President is REALLY fun. Really. Jump right in and volunteer !)

Scott E. McDonald, DVM, Visit

Scott E McDonald DVM will be in the area for bird clinics from November 9th through the 18th. His schedule is as follows:

Nov 9, Sunday, 11 AM - 5 PM PORT ANGELES
Tiny Bubbles Shell'ey Chateau 1130 E Front St
360-452-6011 APPOINTMENT REQUIRED

Nov 10 Monday 9 AM - 8 PM MARYSVILLE
Alta's Pet Gallery 1250 A State St
360-653-2921 APPOINTMENT REQUIRED

Nov 15 Saturday 10 AM - 3 PM MT VERNON
Wings N Things Valerie Larm 1524 Riverside Dr., B-1
360-424-3846 APPOINTMENT REQUIRED

Nov 15 Saturday 5 PM - 9 PM RENTON
Julie Corwin 206-772-1730 APPOINTMENT REQUIRED

Nov 16 Sunday Noon - 5:30 PM PORT ORCHARD
Sandy O'Hearn
360-479-8566 Parrotcrazy2003@msn.com APPOINTMENT REQUIRED
Clinic held at "The Active Club" 1025 Tacoma Ave Port Orchard 98366

Nov 16 Sunday 7 PM - 10 PM SPANAWAY
Parrot Villa Christa Villa 15413 First Ave Ct S Spanaway 98444
Store: 253-472-7768 or Cell: 253-226-8754 APPOINTMENT REQUIRED

Nov 17 Monday 6:30 PM - 10 PM BELLINGHAM
What Com Farmer's Cenex 3500 Meridian
Darla Sabin 360-734-4010 Appointment not required

Nov 18 Tuesday 12:30 PM - 4:00 PM OLYMPIA (Replacement for Centralia)
Pegg Bauer 360-584-6495 (cell) 360-866-4088 (home) peggb@comcast.net
This clinic will be held at Animal Services, 3120 Martin Way, Olympia, WA 98506
Directions: I-5, exit #107 (Pacific Ave). If coming from the north on I-5, turn R onto Pacific;
if coming from the south, turn L onto Pacific. Go 0.5 mi to Pattison St SE, turn R; go 0.20 mi
to Martin Way E, turn R; go 0.2 mi to Animal Services which is on the L.
No appointment required for this clinic

Birds should be fasted...food and water...for a minimum of 4 hours before coming to the clinic.

Bring your own towels to be used to catch your own birds

Services and Prices:

Pet Birds

Physical Exam and all Grooming

1. Large Macaws: \$25
 2. Cockatiels to Cockatoos: \$20
 3. Budgie/Lovebird: \$15
- Add Surgical Sexing to Exam \$5
AVID Microchip \$20

Breeder Birds

Sexing only, no exam
Lovebird size to Sun Conure size \$10
Senegal size to Pionus Size \$15
Greys, Amazons, Cockatoos, Macaws \$20

Dr. Scott says he doesn't normally don't do much lab work when on these trips, but can do:

CBC's and panels and send them off.

CBC only \$30

Panel only \$30

CBC/panel \$50

Overnight shipping is \$10

Note: Dr. Scott does not replace your normal veterinarian, but does offer a somewhat different service. He will examine, etc, your bird under anesthesia with you present. This is an opportunity to really see what the vet sees. I was hesitant at first, but my birds are calmer using the anesthetic, and the recovery time is relatively brief.

-- ed.

ORGANIC DRY CLEANING

Last week I took some blazers to an "organic" dry cleaner in Olympia. When I asked what "organic" meant, I was told they did not use "perc" – short for a carbon-based chemical, perchloroethylene. a hazardous chemical considered a probable human carcinogen by the International Agency for Research on Cancer. Perc also contributes to air pollution and has been found to contaminate water and soil. Perc is a solvent and gives clothes that whiff of synthetic sweetness.

At the moment, there does not appear to be any regulation of the term "organic" when applied to dry cleaning, and you really should press the cleaner to reveal exactly what chemicals are being used. Most "organic" or "natural" dry cleaners label themselves as such simply because they've stopped using perc. In 2006, the Environmental Protection Agency passed a law requiring any dry cleaner located in a residential building to phase out perc by 2020, and last year, the state of California approved a plan that would phase out all California dry cleaners' use of perc, which is on their list of toxic air contaminants, by January 2023.

But "organic" dry-cleaning can include the use of the most perc, since organic in chem-speak means carbon-based.

"Organic" can also mean certified by the International Fabricare Institute, but even that certification doesn't mean such a store doesn't use perc, just that they operate in an environmentally responsible fashion. So, overall, there is no regulation of the term organic when it comes to dry cleaning. There are alternatives like siloxane D5, but experts disagree on its safety. Wet cleaning uses special washers and dryers. Carbon dioxide cleaning is another option. Carbon dioxide, normally a gas at room temperature, is converted to a liquid at high pressure. It acts as a carrier for biodegradable

soaps, much as water carries the soap in a regular washing machine. When the cycle stops, the pressure is relieved and the liquid turns back into a gas, most of which is later reused. The clothes dry instantly and emerge from the machine cool to the touch. It's been likened to a magic trick.

Which makes this all as clear as mud. If you're concerned, ask your dry cleaner what they use to clean. Chances are it will be perc. If you must dry clean and your cleaner uses perchloroethylene, here are some tips from the Sierra Club on how to minimize your exposure:

- Remove the wrapper outside or in your garage. Let your clothes air out for at least a day, preferably four or five before wearing them.
- In the meantime, try to move towards clothing that doesn't need to be dry cleaned.
- Dry clean as infrequently as possible.

Prices are comparable to or slightly higher than those at traditional dry cleaners. But my blazers did not smell and I'm not afraid to handle my parrots while wearing them.

CONURE NEEDS HOME

A female blue crowned conure named "Rocky" needs a home. Previously owned by a retiree, and obtained by current owner Tina off of Craig's list a little more than a year ago. Has been vetted by Dr. Shafar, and, aside from some cataracts starting, doesn't sound like there are any significant health problems. When Tina first acquired Rocky, Rocky laid some eggs, but didn't pay much attention to them. Hasn't happened since then.

Rocky is a people bird, but generally prefers Tina to her children. Might be characterized as a one-person type bird. Is ok with Tina's children until Tina comes into the room, and then Rocky want to be with Tina. Rocky is a little older and a bit set in her ways and a bit fearful of change. Does talk a lot. I forgot to ask what she eats.

When Tina acquired Rocky, her children were being home-schooled in the same room as Rocky's cage. Lots of activity, and Rocky liked the company. Children have now started at public school, and Rocky is already not getting what she considers to be an appropriate amount of attention. And Tina is looking to return to work, and Rocky will be increasingly unhappy.

Tina would like to find a good home for Rocky where she will get adequate attention. She will give Rocky to the right home with cage and accessories (I don't know if the caging is adequate). Contact Tina at 360/485-2889 – has to be the right home.

NOTICE: STOLEN BIRDS

Date: Sat, 25 Oct 2008 03:29:22 -0400
From: Barbara Pagano <info@ALLABOUTPARROTS.COM>
Subject: 8 Congo African Greys Stolen in CT

At 5:15 am this morning I was with my father as he passed away. Moments later I was notified that 8 of my Congo African Greys, were stolen. Many of which I raised myself and interacted with daily. They are my soul, my heart & refuge.

After caring for my father throughout his long painful illness, I only wished to return to my birds. None of these birds were breeding or in breeding cages. They were in one flight cage for playing together. Now another part of my heart is missing.

A very generous reward is being offered for information resulting in the recovery of any or all of these stolen African Greys. State Police are investigating and taking this very seriously. No additional information is being offered at this time.

Flyer will be posted on this web in the next couple days for downloading.

www.ConnecticutParrotSociety.org. If anyone has knowledge of or information about any suspicious procurement or acquisition of CAG's please contact Barbara Cosgrove, President, Connecticut Parrot Society at 860.621.5790

SOY

I offer the following not as absolutely clear authority, but as a view that should be considered. I have an epileptic bird, and the terms "soy" and "seizures," when googled, bring up more than 304,000 hits. I have "cleaned house" of soy in my animal and parrot food – and it has not been easy. Many animal foods (including parrot pellets) include soy.

The health claims of the soy industry have one purpose and one purpose alone - to sell more soy! That's why you'll only hear about the benefits of soy from the industry, but Soy Online Services thinks all consumers deserve the right to make an informed choice about what they are eating and feeding to their children, their household pets and their livestock.

Soy Online Services found a wealth of evidence that the soy toxins cause both acute and chronic effects in both animals and humans. The industry refers to the soy toxins as 'anti-nutrients' but, in fact, they are classed with environmental toxins and they are present in every food product that contains soy. As often occurs in cases of environmental poisoning, Soy Online Services first became aware of the toxicity of soy because of its effects on animals. The harm that soy causes animals has been known for decades, but this fact currently appears to be ignored by manufacturers of animal feeds who are ever eager to utilize cheap sources of protein in their products. The use of new generation bird feeds that contained soy coincided with thousands of bird deaths and disorders. These effects were widespread and were reported by many of New Zealand's leading parrot breeders:

- beak and bone deformities
- goitre.
- immune system disorders.
- infertility.
- premature maturation.

Bird breeders noted that a common factor in the diets of affected parrots was soy protein. But could the effects seen in parrots be explained by the presence of the soy toxins? Soy is high in phytate, which reduces mineral bioavailability. Upset the delicate mineral balance in a parrot's diets and bone and beak disorders are the result. Soybeans contain high levels of phytoestrogens. Although investigators didn't know it at the time, the compounds are powerful immune-suppressants, potent goitrogens (the goitrogenic effects of soy products are even discussed at length in the text 'Diseases of Caged Birds' - TFH Publications, 1988) and as the name suggests, able to elicit estrogenic effects. Strong candidates then as the cause of the infertility and premature maturation.

Early investigators were familiar with the writings of Rachel Carson who penned 'our fate is connected with the animals'. If the fate of birds fed soy protein was growth disorders, thyroid problems, infertility and tumour growth, they asked 'what about infants fed soy formulas and adults consuming large amounts of soy?'

Newest Research On Why You Should Avoid Soy by Sally Fallon and Mary G. Enig, PhD"...the soybean contains large quantities of natural toxins or "antinutrients" "Dr Fitzpatrick's literature review uncovered evidence that soy consumption has been linked to numerous disorders, including infertility, increased cancer and infantile leukemia; and, in studies dating back to the 1950s, that genistein in soy causes endocrine disruption in animals." .

Ref: Soy Online Service (<http://www.soyonlineservice.co.nz/>)

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New Dog at the Bauer Household

Just what I needed was another dog????? As I write, my newest puppy is busy chugging around busily entertaining everyone. Introducing: DIRT DOG -- A robotic vacuum made for vacuuming garage and other nasty floors (which sound much like my house after the parrots moved in). He might not be the absolute end in vacuuming power, but he does ok and his meanderings are very interesting to all of the household wildlife. Sometimes he gets stuck on or under something and has to call for help. The bulldog can't decide whether to hump him or climb aboard and ride him, and the bull mastiff supervises. The cats and the birds follow him with rapt attention. The instruction manual says to empty out the dirt every three days. Try every 15 minutes. They were thinking garage, not my parrot home.

FOR SALE
PETS AND BREEDERS
GOODHART BIRD FARM
Shelton, WA 98584

360-426-6375

kegdharth@hctc.com

For Sale
One pair of proven Black Cap Conures \$350.00
6 parent raised 1 yr. old
Breeder birds: \$85.00 each
360-978-5164=

FOR SALE

Star Finches \$50/mated pair

Contact Linda James:

360-491-3216

jamesgang@thurston.com

CLUB INFORMATION

- As a general rule, the first half hour of each General Meeting, from 7:00 to 7:30 pm, will be dedicated to socializing. The evening's program will begin at 7:30 pm, and the regular meeting will follow the program.
- For information, call 360/455-0697.
- The SSEBS mailing address is:
South Sound Exotic Bird Society (SSEBS)
P.O. Box 15014
Tumwater, WA 98511-5014
- Please use this address for all club correspondence except for items to be sent to the newsletter editor. Send newsletter correspondence to: Pegg Bauer, 8008 Ellison Loop NW, Olympia, WA 98502

SSEBS Officers Needed

Officers are needed for calendar year 2009.

**If you are interested in serving,
please contact Pegg Bauer.**

peggb@comcast.net or 360/584-6495.

NOTE:

*Dr. Irene Pepperberg will be
at the University Village Barnes and Noble
on November 19th, 7:30.*

speaking and reading from her new book, "Alex and Me".

Join !! SSEBS YahooGroup.

This is not a "chat group" as such (a "chat group" generally means that everybody is on line at the same time, "talking" back and forth by typing messages in real-time.) With a YahooGroup, e-mail messages are posted to the group which then distributes copies of the messages to the subscribers, depending on how they want to receive the message copies.

Go to <http://pets.groups.yahoo.com/group/SSEBS/>. You can join by clicking on the "join this group" button on the home page or by sending an e-mail message to SSEBS-subscribe@yahoo.com. Learn how the group works: <http://help.yahoo.com/l/us/yahoo/groups/original/members/> is the place to go.

**SUPPORT YOUR CLUB:
COMMERCIAL ADVERTISING**

Each commercial membership includes one business-card size advertisement in the newsletter. Commercial members may also purchase additional ad space at the following rates:

One half page \$50
Full page \$87.50

Non-members may purchase ad space at the following rates:

Business card size \$40
One-half page \$100
Full page \$175

All ads run for a 12-month period. Send camera-ready artwork or neatly printed ad copy to SSEBS, P.O. Box 15014, Tumwater, WA 98511-5014. Copy and payment received by the third Thursday of the month will appear in the following month's newsletter. Copy change during the current period will be considered on a case-by-case basis and additional charges -- if any -- determined at the time of the request. All ads must be paid in full prior to being published. The SSEBS Board of Directors reserves the right to refuse any advertising it deems inappropriate. Questions? Contact Pegg Bauer, Editor.

2008 Meetings

January 11
February 8
March 28
April 11
May 9
June 13

July 11
August: No meeting. Events to be determined
September 12
October 10
November 14
December 7 Xmas party

As a Society, SSEBS does not endorse the products or services advertised in its newsletter. SSEBS is not responsible for advertisers' claims or products.



**FINE FEATHERS
& FINS**
Cage Bird & Aquarium
Supplies
114 Miller Road Randle, WA
360 497-2160
mews@centurytel.net

FOR SALE

Lineolated parakeet babies:
2 cobalts, 2 lutinos, 2 greens \$200 - \$300
Rosy Bourke babies \$85
Normal Bourke pair \$50
Red and red mosaic canaries

Fine Feathers and Fins

114 Miller Road, Randle, WA
360-4997-2160 mews@centurytel.net

SSEBS is proud to be associated with:

- NORTHWEST EXOTIC BIRD SOCIETY
P.O. Box 47377, Seattle, WA 98146
<http://NWExoticBirdSociety.org>; Email: Info@NWExoticBirdSociety.org
Meetings on the third Thursday of each month
- THE WASHINGTON BUDGERIGAR SOCIETY
2126 Bedal Lane, Everett, WA 98208-2439
<http://mysite.verizon.net/resom1a2WBS1.htm>; Email: swanson28s@verizon.net
Meetings on the first Sunday of every month.
- THE BIRD LOVERS SOCIAL CLUB
(Renton area)
For information, contact: President Julie Corwin, 206-772-1730
Email: blconnection@hotmail.com
http://www.geocities.com/bird_lovers_club/
Events and Educational Programs only – no meetings

SSEBS Meeting Time/Place

SSEBS meetings are NORMALLY (but not always!!) held in Room 103 at the Olympia Center, 222 Columbia St NW, Olympia, WA 98501-8208 on the 2d Friday of each month. This can, however, vary – check your newsletter and the website. From I-5, take the Capitol exit, which comes out onto 14th Street. Follow 14th through the tunnel and turn right at the stoplight after you come out of the tunnel onto Capitol Way. Follow Capital Way to State Street. The Olympia Center is just past this intersection on the left (light-colored 2-story building).

SOUTH SOUND EXOTIC BIRD SOCIETY

Pegg Bauer, Editor
Newsletter address only:
8008 Ellison Loop NW
Olympia, WA 98502

