

# **SOUTH SOUND EXOTIC BIRD SOCIETY NEWSLETTER**

Volume XXII, Issue 11

November 2007

P.O. Box 15014, Tumwater, WA 98511-5014  
<http://ssebs.org>

## **NOVEMBER 9, 2007 MEETING**

**Our program will be dedicated to Alex the Grey and his important work. Pat Hill has put together a program including video footage (including Training Your Parrot the Alex Way)! There will be the prize of a gift certificate to the Alex Foundation for the winner of a quiz she has put together about Alex.**

**Whoa !!**

**Don't want to be falling asleep during this one !**

## **DECEMBER HOLIDAY PARTY**

**The holiday party will be at The Place on  
Sunday, December 2nd, at 1:00 pm.**

**There might be a possibility that he'll put together a special  
menu for us. Gift exchange, auction, prizes !!!!**

**"Be there or be square !!!!"  
(ok, does date me, or what?)**

**Introducing:**

## **"A Place 2 Fledge"**

**A Washington Parrot Rescue**

**As a member of Exotic Bird Rescue of Oregon (Eugene, OR, at [www.RescueBird.com](http://www.RescueBird.com)), I was surprised to find a booth for "A Place 2 Fledge" at the bird show in Bremerton recently. This is a rescue run by Jackie and Randy Schoneck in Seabeck near Wildcat Lake. Their website is [www.APlace2Fledge.com](http://www.APlace2Fledge.com).**

**Jackie and Randy (both with full-time jobs, no less...) describe their rescue as a "small dedicated group of volunteers who are crazy in love with birds." The rescue was started several years ago -- taking in a bird here or there who needed them. Starting with a Nanday Conure who came home with their son from a birthday party. They named her Honey, and she became part of their family.**

**One thing led to another, as things tend to do. Randy and Jackie joined bird groups and lists to learn all we could about Honey and birds in general. They immersed themselves in the bird community, and visited and volunteered their time in established aviaries and for avian veterinarians.**

**Being members of the bird community, other birds surfaced needing a second chance for a great life. A bird here and a bird there... (you know how that goes...sort of like potato chips....)**

**Most of what they learned was out of necessity. If a bird came with a broken leg, they learned to set it. Missing a beak? They learned to feed it. Angry and distrustful of humans? They set about working to regain and earn trust. Nutritional problems? They put them on a good diet. Even more important, they worked to feed these birds' souls.**

Many birds come from families who are moving or being transferred and cannot take their birds with them – particularly from military families being sent overseas, since they are surrounded by military bases. They also take sick and injured birds and offer them vet care, medication, and TLC while they recuperate from illness and injuries in our quarantine room.

They take birds that have behavioral or social issues and work to help them become happy healthy well behaved flock members. When they feel we have done all they can for a bird in their care and he/she is ready for a permanent family, they work very hard to find the perfect home and family. They offer new bird orientation to teach basic bird care, grooming, good husbandry and training skills, and make a point to keep in contact with their adopted birds. Children who are part of the adoption process will learn right along with the parents, and may be asked to do a report on how to properly care for their new bird.

Occasionally they take in birds that cannot or will not be adoptable for one reason or another. When this happens we offer them whatever they need for medical care and behavioral training and then place them in permanent sanctuary where they will be safe, loved, and appreciated for who they are, and will have the space to be happy, healthy, and well adjusted. They hope to someday have their own sanctuary.

Prospective adopters must first fill out an adoption application, and then a dialogue is opened in order to match the right bird(s) to the right family. A home inspection is next, and birds will often accompany them to meet the potential family. Jackie and Randy will assist in making the home safe and in selecting the appropriate caging, equipment, and other necessary accoutrements.

If the adoption is approved by Randy, Jackie (and, of course, the bird), an orientation will follow in which they will answer any questions about the new bird. They will demonstrate how to clip wings and trim toenails. They do regular follow ups via email and offer after care as well, in case of needed advice or questions.

When asked, they volunteer their time to visit elementary schools, nursing homes, assisted living facilities and dementia units with their birds. They provide education and outreach to members of our community about the special needs of birds. The birds benefit from positive social interactions with other people, and the people benefit from the beauty and majesty and sense of humor of the birds.

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#### WAFFLES

Do you miss your grandma's waffles – the ones made with the Really Hot waffle iron. The old one without the non-stick surface? Do you know that there are no new waffle irons being marketed today that are NOT non-stick ??? Don't these people know there are PARROT OWNERS in this world? Not to worry. Restored vintage waffle irons are available at [www.toastercentral.com/waffles.htm](http://www.toastercentral.com/waffles.htm) in New York City. Or, if you have a vintage waffle iron that has seen better days, they can fully restore it. The owner, Michael Sheafe, is originally from Olympia (his sister still lives here)!.

## **Pros and Cons of Owning a Human**

*(from a PARROT'S point of view):*

(Submitted by Smiles)

1. They sleep too late. I mean, honestly, why must they wait for the sun to be ENTIRELY up to get out of bed and feed me?
2. Some learn to talk, but most don't. They have this annoying tendency to repeat the same thing over and over again without any real purpose. I have spent countless hours trying to get mine to learn to  
Scream but to no avail.
3. No matter how many times I fling the kale out of my bowl, my person refuses to get the message and there it is again the next day ruining my breakfast. Why must it be so difficult to get some cheese around here?
4. Humans are all noisy. They yell across the house all the time. Don't get me started on that awful sound they make at night when they are sleeping. Sounds like a buzzsaw.
5. They continuously hang their little colored blocks of wood and string in MY bedroom. Like I don't have enough of my own stuff, I need to operate a storage facility too? I destroy the things, and what do they do? They go ahead and hang more. You'd think they'd get the message. I honestly just don't have the room!
6. Did I mention how hard it is to get a piece of cheese around here??
7. Humans are messy. No bones about it - socks on the floor, jacket on the chair, and when was the last time yours made its bed in the morning.
8. Once a year or so they drag you to this awful place where some complete stranger wraps you in a towel and shines a light in your eye. Watch out for the needle - they're after your blood, God only knows what for! You're like, "Uh, a little HELP here??", but your human stands there stupidly and does NOTHING until the strangers have decided they have had enough of you. If you're lucky you'll get to go home then. Be sure and bite your human at least once for this indignation to teach them a lesson and maybe they won't take you there again next year.
9. Humans hardly ever keep to a schedule. I like to think I have mine trained to get home at 6:30pm, but then every so often she surprises me by not showing up until 9pm! The nerve. Also, what is it about Sundays and my not getting breakfast on time because humans like to sleep in?
10. They let strange people in the house without asking my permission.
11. Humans sometimes carry pests like cats and dogs. I have not yet figured out how to rid them of this problem.
12. If you want to keep more than one human, just be prepared that they don't always get along. Other times they get along too well and completely ignore you - a few loud bursts of screaming should solve either issue quickly.
13. Sometimes they place a cover over your bedroom WELL before you have any interest in going to bed.
14. They, not being the brightest creatures, tend to sit in one place for HOURS staring at a box with pictures in it that makes a lot of noise. Either that or they sit in front of a DIFFERENT type of box and tap their fingers on

the tabletop in front of IT for hours. Doesn't take much to keep them occupied. Use this time wisely and get into and destroy anything you normally wouldn't be allowed to if they were paying attention!

15. Lastly, in spite of all their unpleasant habits, they are GREAT cuddlers, they skritch that spot you can never quite reach, and they do offer fabulous room service (when it includes cheese), house cleaning, and spa services.

### Apple Cider Vinegar

Apple Cider Vinegar (APC) is a wonderful product for the health of the intestinal system. It has a number of beneficial vitamins and minerals. Perhaps it is most useful as an acidifier of the intestinal tract and the entire body. It can be placed in the water bowl daily when needed. Indications for its use include chronic disbiosis, candida infections, chronic gram negative bacterial infections, chronic diarrhea due to an abnormal bacteria in the intestinal system, foul-smelling stools and proventricular dilation disease.

*Dose: 1-2 tablespoons in 8 oz of water. You can flavor it with a little honey. Use it in the only source of water for one to two weeks at a time.*

McCluggage, Holistic Care for Birds, Howell Book House, NY (1999)

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### MEMBERSHIP APPLICATION

New \_\_\_\_\_ Renewal \_\_\_\_\_ Address/phone change \_\_\_\_\_

NAME(S) \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

**PHONES:**

Home: \_\_\_\_\_

Work (if applicable): \_\_\_\_\_

Cell: \_\_\_\_\_

EMAIL ADDRESSES: \_\_\_\_\_

Referred by: \_\_\_\_\_

*Membership type per year:*

Junior (under age 18).....\$ 6 \_\_\_\_\_

Individual.....\$12 \_\_\_\_\_

Family.....15 \_\_\_\_\_

Commercial.....\$25 \_\_\_\_\_

**Dues payable to:**

South Sound Exotic Bird Society (or SSEBS)  
(Returned checks subject to service charge)

Mail to: SSEBS Membership  
P.O. Box 15014  
Tumwater, WA 98511-5014

**Your avicultural interests (please check all that apply):**

- African Greys  Amazons  Caiques  Canaries  Cockatiels  Cockatoos  Conures
- Doves  Eclectus  Finches  Lories  Lorikeets  Lovebirds  Macaws
- Parakeets  Pionus  Roselias  Others: \_\_\_\_\_

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## 2007 DATES OF SOCIETY EVENTS

November 9 Board and General Meeting  
December 2 Holiday Party

### SUPPORT YOUR CLUB: COMMERCIAL ADVERTISING

Each commercial membership includes one business-card sized advertisement in the newsletter. Commercial members may also purchase additional ad space at the following rates:

One half page \$50.00  
Full page \$87.50

Non-members may purchase ad space at the following rates:

Business card size \$40.00  
One half page \$100.00  
Full page \$175.00

All ads run for a 12-month period. Send camera-ready artwork or neatly printed ad copy to SSEBS, c/o Pegg Bauer, 8008 Ellison Loop NW, Olympia, WA 98507 or to [peggb@comcast.net](mailto:peggb@comcast.net). Copy and payment received by the third Thursday of the month will appear in the following month's newsletter.

Copy change during the current period will be considered on a case by case basis and additional charges – if any – will be determined at the time of request. All ads must be paid in full prior to being published. The SSEBS Board of Directors reserves the right to refuse any advertising it deems appropriate.

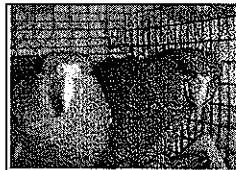
Questions? Contact Pegg Bauer at [peggb@comcast.net](mailto:peggb@comcast.net).

*Please note: As a society, SSEBS does not endorse the products or services advertised or discussed in its newsletter. SSEBS is not responsible for advertisers' claims or products.*

### Join !! SSEBS YahooGroup.

This is not a "chat group" as such (a "chat group" generally means that everybody is on line at the same time, "talking" back and forth by typing messages in real-time.) With a YahooGroup, e-mail messages are posted to the group which then distributes copies of the messages to the subscribers, depending on how they want to receive the message copies.

Go to <http://pets.groups.yahoo.com/group/SSEBS/>. You can join by clicking on the "join this group" button on the home page or by sending an e-mail message to [SSEBS-subscribe@yahoo.com](mailto:SSEBS-subscribe@yahoo.com). Learn how the group works: <http://help.yahoo.com/l/us/yahoo/groups/original/members/> is the place to go.



**Smiles Of Feathers**  
3401 Prill Rd.  
Centralia, WA 98531  
(360)736-3973

[www.smilesoffathers.com](http://www.smilesoffathers.com)  
[sgermeau@yahoo.com](mailto:sgermeau@yahoo.com)

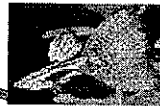
**Domestic hand raised, well socialized,  
companion birds at reasonable prices.**



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360 497-2160  
[mews@lewiscounty.com](mailto:mews@lewiscounty.com)



Deanna Shafar, DVM



**All Bird Clinic LLC**

253-475-2611

2505 South 80th Street • Tacoma, WA 98409  
[www.allbirdclinic.com](http://www.allbirdclinic.com)

### Necropsies and DNA sexing available:

Avian Health Laboratory  
A.Singh Dhillon, DVM, PhD  
Professor, Avian Pathology  
Washington State University  
7613 Pioneer Way East,  
Puyallup, WA 98371

Phone: 253-445-4536; Fax: 253-445-4544;  
email: [asdhillon@wsu.edu](mailto:asdhillon@wsu.edu)

### STAINLESS STEEL FENDER WASHERS

Stainless Steel 2" x 1/4" Fender Washers are only  
\$.28 apiece at Manasquan Premium Fasteners  
[www.manasquanfasteners.com](http://www.manasquanfasteners.com).

The 2" washers are not on the site.  
To order, contact Bob at 800 542 1979 or  
[bob@manasquanfasteners.com](mailto:bob@manasquanfasteners.com)

## FOR SALE

Budgies, variety of colors, \$25 a pair or \$15 each

Mature breeders (these are not tame birds; some were pets but were set up for breeding):

- Male Double Yellowhead (proven breeder). Was with older female that died of fatty liver disease.
- Male Yellow Nape (proven breeder). I sold his mate when they started fighting.
- Brotogeris species: White Wings, Yellow/Chevron Wing, and Orange chin.

Proven Pairs: Blue Front \$900; Red Lored \$900

Miscellaneous: I have 3 incubators to sell as a package deal. 2 Turnex (TX6) and 1 original Turnex. All are tested and ready to use. They hold heat very well. I have used the original Turnex as a hatcher/brooder, and the two TX 6s for incubating -- one is a backup in case the one running should fail (best to be prepared for all things). I have an extra brooder ring and extra egg carriers, 3 automatic turners, and dishes that I use for the hatcher/brooder. I also have new wick material for at least one more change. All three units with extras for only \$500.

Bamboo: you dig !!

Contact Smiles: 360-736-3973 (evenings)  
[sgermeau@yahoo.com](mailto:sgermeau@yahoo.com)

## FOR SALE

PETS AND BREEDERS  
GOODHART BIRD FARM  
Shelton, WA 98584

360-426-6375

[kegdharth@hctc.com](mailto:kegdharth@hctc.com)

## PET SITTING

Pet sitting services offered. Home visits for birds, dogs, cats, and small rodents. Price to be discussed depending on how many pets you have, how many visits per day you want, and your location.

Contact 360-455-0697  
Sherylle: [goffin90@yahoo.com](mailto:goffin90@yahoo.com)

## FOR SALE

Star Finches \$50/mated pair

Contact Linda James: 360-491-3216  
[jamesgang@thurston.com](mailto:jamesgang@thurston.com)

*Do you know someone who is interested in birds? If so, give the editor his or her address, and a complimentary newsletter will be sent.*

## COMMERCIAL ADVERTISING

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## SSEBS Officers and Committees

President	Leslie Simpson	360-426-3708
Vice President	VACANT	
Secretary	Pegg Bauer	360-866-4088
Treasurer	Pat Hill	360-357-7865
Members-at-Large	Jackie Cotrell	425-210-4036
	Barbara Ann Smith	360-491-2387
	VACANT	
Membership	Linda Morgan	360-705-0141
Public Relations	Carol Frink	360-352-9792
Publications	Pegg Bauer	360-866-4088
Ways and Means	Leslie Simpson	360-426-3708
Education	VACANT	
Affiliated Organization Representatives	VACANT	

**Send any suggestions for meeting topics or specific speakers or programs to any board member.**

## A REMINDER: PLEASE NO BIRDS AT MEETINGS

Our contract with the Olympia Center requires that we follow its rule of no animals or birds at meetings unless a it is part of a speaker's presentation. This affects the SSEBS insurance policy.

The South Sound Exotic Bird Society is pleased to grant permission, upon written request, to other newsletters to reprint articles and features appearing in our newsletter. However, to preserve the integrity of the original article, we all articles and features must be reprinted in full, giving credit to the original author and date of publication. Individual authors may reserve the rights for reprinting their articles; please contact those authors for permission to reprint.

#### CLUB INFORMATION

- As a general rule, the first half hour of each General Meeting, from 7:00 to 7:30 pm, will be dedicated to socializing. The evening's program will begin at 7:30 pm, and the regular meeting will follow the program.
- For information, call 360/455-0697.
- The SSEBS mailing address is:  
South Sound Exotic Bird Society (SSEBS)  
P.O. Box 15014  
Tumwater, WA 98511-5014
- Please use this address for all club correspondence except for items to be sent to the newsletter editor. Send newsletter correspondence to:  
Pegg Bauer  
8008 Ellison Loop NW  
Olympia, WA 98502

#### FOR SALE, TRADE OR WANTED

##### 2007 CANARIES FOR SALE:

Bronze, bronze variegated and chestnut Staffords  
\$50 cocks, \$30 hens  
Variegated cinnamon hens \$30

##### WANTED:

Opal or dominant blue canary hen. Will trade male spice finch for female spice finch

##### ALSO FOR SALE:

Hand reared pearl pied cockatiel \$75  
Zebra and Society Finches \$12

Fine Feathers & Fins, 114 Miller Rd., Randle, WA 98377  
[mews@lewiscounty.com](mailto:mews@lewiscounty.com) 360 497-2160

**Feather movement is brought about by feather muscles, which attach to the walls of the follicles. These muscles allow a bird to fluff up the feathers when chilled or sick, and allow a bird to ruffle the feathers, realigning them when necessary.**

#### MASH RECIPE

([FeedingFeathers@yahoo.com](mailto:FeedingFeathers@yahoo.com) [FeedingFeathers@yahoo.com](mailto:FeedingFeathers@yahoo.com))

3/4 cup kale  
1/4 cup mustard greens  
2x3" piece approximately of broiled wild caught salmon or 1 scrambled egg  
1/2 of a ripe Fuyu (Fuyugaki) persimmon or 1/2 pear  
1/2 cup broccoli or broccolini  
1 cup cubed pumpkin  
1/2 cup dandelion greens  
3 figs  
1 clove garlic  
1/2 tsp. Bentonite clay  
2 TBS shelled walnut halves

Mix/mince in food processor

Add to: (already in bowl)

3/4 cup lentils soaked and cooked  
1/4 cup mung or adzuki bean soaked and cooked  
1 cup quinoa sprouted  
1/2 cup hulled barley sprouted  
1/4 cup millet sprouted  
1/4 cup kamut  
2 TBS sprouted sunflower seeds  
4 capsules alfalfa  
1/8 capsule kelp

## Roster for Refreshments/Door Prizes

Month:	Nov	Dec
Refreshments:	Mary Russell	Holiday Party
Door Prizes:	Mary Russell	Holiday Party

### SSEBS is proud to be associated with:

- NORTHWEST EXOTIC BIRD SOCIETY  
9594 First Avenue NE, #352, Seattle, WA 98115  
<http://NWExoticBirdSociety.org>; Email: [Info@NWExoticBirdSociety.org](mailto:Info@NWExoticBirdSociety.org)  
Meetings on the third Thursday of each month
- THE WASHINGTON BUDGERIGAR SOCIETY  
2126 Bedal Lane, Everett, WA 98208-2439  
<http://mysite.verizon.net/resom1a2WBS1.htm>; Email: [swanson28s@verizon.net](mailto:swanson28s@verizon.net)  
Meetings on the first Sunday of every month.
- THE BIRD LOVERS SOCIAL CLUB  
Dimmitt Middle School, 12320 80<sup>th</sup> Ave. So., Seattle, WA 98178 (Renton area)  
For information, contact: President Julie Corwin, 206-772-1730  
Email: [blconnection@hotmail.com](mailto:blconnection@hotmail.com); [birdloverssocial@yahoo.com](mailto:birdloverssocial@yahoo.com)  
[http://www.geocities.com/bird\\_lovers\\_club/](http://www.geocities.com/bird_lovers_club/)  
Meetings on the third Friday of every month.

### SOUTH SOUND EXOTIC BIRD SOCIETY

Pegg Bauer, Editor

Newsletter address only:

8008 Ellison Loop NW

Olympia, WA 98502

